

Section: Division of Nursing

* **PROCEDURE** *

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HACKETTSTOWN REGIONAL MEDICAL CENTER

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3-NORTH
(Scope)

TITLE: APPLICATION OF CERVICAL TRACTION PROCEDURE

PURPOSE: To outline the process for applying cervical traction.

EQUIPMENT:

1. Cervical traction bracket
2. Head halter
3. Spreader bar
4. Weight carrier
5. Traction cord
6. Weights

CONTENT:

<u>PROCEDURE</u>	<u>KEY POINTS</u>
<ol style="list-style-type: none">1. Attach cervical traction bracket to foot at head of bed.2. Turn bed around so that foot is at the head.3. Tie traction cord to spreader bar and feed through pulleys and tie to weight carrier.4. Apply head halter to patient.5. Attach head halter to spreader bar.6. Apply weights.7. Document type of traction applied, amount of weight used, and patient's response to traction in nursing notes.	